

FORUM

APPETIZERS

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| Marinated black & green olives (VG) | 4 |
| Grilled bread, olive oil, aged balsamic (VG) | 4.5 |
| Garlic ciabatta (V) / Garlic ciabatta with cheese (V) | 4.5/5.5 |

MEZE BOARD

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| Moroccan chicken skewers, lamb koftas, halloumi & roasted veg skewers, harissa spiced hummus, tzatziki, tabouleh, spiced chilli yoghurt dip, grilled flatbread | 28 |
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SMALL PLATES

Small plates can be served in two ways : As a traditional starter or to share tapas style

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| Pan-fried wild mushrooms, garlic, fresh thyme, truffle oil, grilled sourdough (VG) | 9.5 |
| Chargrilled lamb koftas, mint, coriander, tzatziki | 10 |
| Harissa hummus, tzatziki, grilled flatbread (V) | 7 |
| Chicken wings, sriracha, toasted sesame | 9 |
| Pulled pork taquitos, melted cheese, chipotle mayo, sour cream | 9 |
| Mussels, rich tomato sauce, garlic, chilli, grilled bread | 9 |
| Thai fish cakes, sweet chilli, coriander | 9.5 |
| Slow cooked chorizo in red wine & onions, grilled bread | 9 |
| Halloumi & roasted veg skewers chilli, mint, lemon, tzatziki (V) | 10.5 |
| Spinach, potato & onion pakoras, mint, coriander, vegan raita (VG) | 8.5 |
| Melted goats cheese, chilli jam, toasted sourdough (V) | 9.5 |
| Moroccan chicken skewers, peppers, red onion, spiced yoghurt | 9.5 |
| King prawns, garlic, fresh chilli, grilled bread | 11 |

MAINS

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| Malaysian beef curry, spring onions, ginger, chilli, lemongrass, cinnamon, coriander, coconut milk, rice | 19 |
| Spiced buttermilk fried chicken, fries, sriracha mayo | 14.5 |
| Mussels, rich tomato sauce, garlic, chilli, grilled bread | 14.5 |
| Katsu curry, chicken breast in panko breadcrumbs, Japanese katsu curry sauce, rice | 15.5 |
| Vegan katsu curry, sweet potato in panko breadcrumbs, Japanese katsu curry sauce, rice (VG) | 14.5 |
| Beer battered cod, thick cut chips, mushy peas | 16.5 |
| Chicken Caesar salad, gem lettuce, anchovies, smoked bacon, parmesan, croutons, Caesar dressing | 15.5 |
| Hoisin duck pancakes, cucumber, spring onions, prawn crackers | 16 |
| Chicken fajitas, mixed peppers, onions, sour cream, guacamole, cheese, flour tortillas | 16 |
| Wild mushroom linguine, mascarpone, white wine, garlic, thyme, truffle oil, parmesan (V) - Add chicken + 3.5 | 16.5 |
| Chicken & chorizo penne, roasted red peppers, rich tomato sauce, parmesan | 16.5 |
| Vietnamese rice noodles, peppers, spring onions, ginger, lemongrass, chilli, lime, coriander, peanuts (VG) - Add chicken / Quorn (VG) + 3.5 | 13 |

FROM THE GRIDDLE

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| Chargrilled Moroccan chicken skewers, peppers, red onion, spiced yoghurt | 16.5 |
| Halloumi & roasted veg skewers, chilli, mint, lemon, tzatziki (V) | 16.5 |
| Lancastrian burger, 7oz prime beef, red onion, chilli jam, tomato, creamy Lancashire cheese, sourdough bun | 16 |
| Plant burger, red onion, tomato, dill pickle, mustard, chipotle ketchup, sourdough bun (VG) | 16 |
| Forum burger, 7oz prime beef, bacon, red onion, tomato, dill pickle, cheddar cheese, mustard, chipotle ketchup, sourdough bun | 16.5 |
| All served with a choice of fries, tabouleh or house salad | |
| Upgrade to : Piri piri fries +5 / Thick cut chips + 1 / Sweet potato fries +1.5 | |

SANDWICHES

Available until 4pm everyday

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| Club sandwich, chargrilled chicken, crispy bacon, lettuce, tomato, mayonnaise | 11.5 |
| Beer battered cod goujons, lettuce, lemon mayo, sourdough bun | 13.5 |
| Spiced buttermilk fried chicken breast, lettuce, tomato, sriracha mayo, sourdough bun | 14.5 |
| Steak ciabatta, chargrilled minute steak, sauteed wild mushrooms, fried onions, dijon mustard aioli | 14.5 |
| Melted goats cheese ciabatta, roasted red pepper, chilli jam (V) | 12 |
| Chargrilled lamb koftas, cucumber & garlic yoghurt, tabbouleh, fresh mint, lemon juice, tortilla wrap | 12.5 |
| Greek gyros, chargrilled marinated chicken, red onion, peppers, tzatziki, tortilla wrap | 12.5 |
| All served with a choice of fries, tabouleh or house salad | |
| Upgrade to : Piri piri fries +5 / Thick cut chips + 1 / Sweet potato fries +1.5 | |

SIDES

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| House salad (VG) | 4.5 |
| Tabouleh (VG) | 4 |
| Fries (VG) | 4 |
| Thick cut chips (VG) | 4.5 |
| Piri piri fries (VG) | 4.5 |
| Sweet potato fries (VG) | 5 |
| Parmesan & truffle fries | 5 |

Please be advised that we cannot be sure or guarantee that our food is free from all allergens.
Please speak to a member of staff about the ingredients in our dishes before placing your order.

(V) Vegetarian | (VG) Vegan